**The Pearl Necklace**

Earlier in the workshop, we discussed about what pearls can we extract from Ramadan, but at the end of Ramadan, what are we going to do with these pearls? We need to combine them together to form a necklace which will hold in our heart, mind and soul.

Ramadan is a guest that comes once annually, we need to try and be consistent in remembering Allah. Often, we do not adapt the footsteps of our Beloved Prophet (peace and blessings be upon him) because we fall in the trap known as excuses. We assume we are so busy and have no time to perform good deeds. We need to focus on our spiritual goals as motivation is what gets us going whereas habit is what makes it consistent.

So when we perform our fasting, how do we join pearl to pearl to form a necklace?

Well one can fast the White days which is the 13th, 14th and 15th of each month. Another sunnah is to conduct fasting every Monday and Thursday.

Another pearl we discussed is food, we can give food to neighbours, feed the poor, eat a good breakfast. This will instil love and gratefulness for Allah and humanity within our hearts.

Another pearl we discussed is prayer, we can continue to pray five times a day seeking Allah’s forgiveness, mercy and guidance.

Another pearl we discussed is our character. We need to continue to speak good or be silent. For Prophet Muhammed peace and blessings, be upon him said:

*“The strong person is not the one who can wrestle someone else down.  The strong person is the one who can control himself when he is angry.*” (Sahih Al-Bukhari)

 “*Make things easy for people and do not make them difficult, and cheer people up and do not drive them away.”* (Sahih Al-Bukhari).